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ST SCHOLASTICA'S COLLEGE

Girls fight their way to top



St Scholastica's tournament team, including Head of Sport Jodie Osbourne and Sensei Rose Smith.

PICTURE: DAVID PORTER

TEAM MEMBERS ARE ALL SET TO TRAIN WITH NATIONAL SQUAD

Lisa Herbertson

STUDENTS At St Scholastica's College in Glebe are prepared for anything life might throw their way.

In 2014 about 50 girls studied jiu-jitsu at the school,

and from there 16 represented in the school's tournament team with a number of students being invited to train with the national squad.

Sensei Rose Smith was instrumental in setting up

the program and said while young girls train in all styles of martial arts, they often drop out as teenagers because of peer pressure.

Ms Smith said that doing just one day of martial arts training was not enough.

"Doing a one-day workshop just won't cut it," she said. "Learning how to defend yourself for an entire term is the only way to ingrain those skills so that in an attack situation a girl does not go blank."

BIG HITS

Carmen Lia, Bella Porter, Bella Sousa, Julia Pearce and Raphaella Smith represented at National Titles

Julia Pearce, Year 10, won the title of Australian Champion 13-15 years points sparring at the Australian Martial Arts Championships

TEMPE



Tempe Public's playground.

Playground boost swings into action

TEMPE Public School students have local fundraisers to thank for their brand new playground.

The new equipment, valued at \$20,000, was purchased thanks to funds raised at a local walkathon, disco, the school's 150th anniversary fee and a \$3000 grant from Marrickville Council.

"These events were made possible through a lot of wonderful community partnerships with local businesses and out school community of parents, carers, kids and teachers," P and C president Rachel Rothwell said.

The playground upgrade will eventually include landscaping, innovative loose parts play, teepees, a sensory native garden and areas for balance play.

Where their dreams come alive...

The McDonald College After Hours Programme provides young dancers with outstanding technical training, nurturing, self esteem, confidence and creative expression through the love of dance. Classes for ages 3 to 18 years.

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THE MCDONALD COLLEGE